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Non-Christian readers are advised to use discretion, prior to follow-up with any information contained in this article. No longer we follow the "Sabbath-day" as our worship-day, instead, we observe the "Lord's Day" as our day of worship and fellowship.

Since the earliest Christian tradition and until now, all faithful servants and believers alike assented Sunday as the Holy day of the Church. But, why?

Because on this day our Lord Jesus Christ rose from the dead. And Behold, our Lord Jesus is the "Lord of the Sabbath!" as well. In addition, the first century Churches serve as our role model for pure worship and practice of Christian faith.

Followings are our ground for Sunday worship:

- 1. The resurrection of the Lord (John 20:1)
- 2. The Lordship of the Lord (Matt. 12:8)
- 3. The First Apostles of the Lord (Acts 20:7)

However, according to Rom. 14:5-6, we're not confined or restricted to any one or particular day to worship the Lord. Remember, we are(24x7 hours, and +365 days) free to worship the Lord, whenever, and wherever we want.

Having said that, the first century Church believers were found "Sunday" as the most significant memorial and Christ-honouring day for the worship and fellowship.

See the great shift from OT to NT:

Sabbath-day(Saturday)	The Lord's day(Sunday)
Completion of Creation	Completion of Salvation
Day of the 'Rest'	Day of the Resurrection
Last day of the week	First day of the week



Our five veracity to worship on Sunday:

- 1. It is a 'Holy Day' Because Christ rose from dead on this day John 20:1,19,26.
- **2. It is a 'Lord's Day'** Because First apostles officially recognised it and thus, they called it. Acts 20:7; 1 Cor. 16:1-2; Rev. 1:10-11.
- 3. It is a 'Memorial Day' Because Lord himself commanded us that, we must remember his body & Blood until he returns. 1 Cor. 11:25-26
- **4. It is a 'Worship Day'** Because as a Church we pray, worship, communion and hearing the Word.

 Acts 2:42
- **5. It is a 'Fellowship Day!**' Because members of the Body of Christ meet together in local assembly for edification, encouragement, and comfort each other. Heb. 10:25; 1 Cor. 16:1-2; Rev. 1:10

Therefore dear Brothers and Sisters, observing the Lord's day of worship should be our top-most priority. And all other secular(Earthly) activities, programs and events, we must pre-pond or post-pond after the Sunday Worship.

Although, some exception may be acceptable in special cases or in extreme circumstances, such as in intense sickness, national calamity, severe crisis or persecution.

However, we have witnessed some of our Lord's children shown the great courage and faith, by never falling short of going to Sunday worship, and even in the midst of all extreme odds.

In any sense according to Heb.10:25, we must never-give-up meeting together. Especially Christian parents must set good examples for their own children, by regular attendance with punctuality and voluntarily & consistently supporting the ministry of the Lord.

"I was glad when they said to me, Let us go to the House of the LORD!" Psa. 122:1(ESV)



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